

# **MANAGING TEAMS**

The ability to manage teams in the workplace is an important function of a Manager and leader.

Understanding how teams are formed, how they develop and how dynamics within teams evolve, assist in giving Managers and leaders the tools and strategies to successfully create productive, effective and dynamic teams.

#### **KEY BENEFITS**

- Increase Manager and leader understanding of team dynamics, how teams are formed and how they evolve.
- Develop Manager and leader self-awareness and emotional intelligence that will assist them to successfully manage teams.
- Create workplace teams that are engaged, productive and successful.

### LEARNING OUTCOMES

- Understand the team life cycle and how it affects workplace teams.
- Explore the difference between groups and teams and how teams are formed.
- Strategies for creating and building effective teams.
- The importance of culture and vision in workplace teams.
- Managing team dynamics and increasing positive communication in the workplace.

### WHO SHOULD ATTEND

All staff and managers

#### **DURATION**

Half day or full day

## **METHODOLOGY**

A variety of presentation methods and tools are used to ensure the learning experience is interactive, engaging and effective, including:

- PowerPoint presentation
- Group facilitated discussion
- Group activities
- Case studies